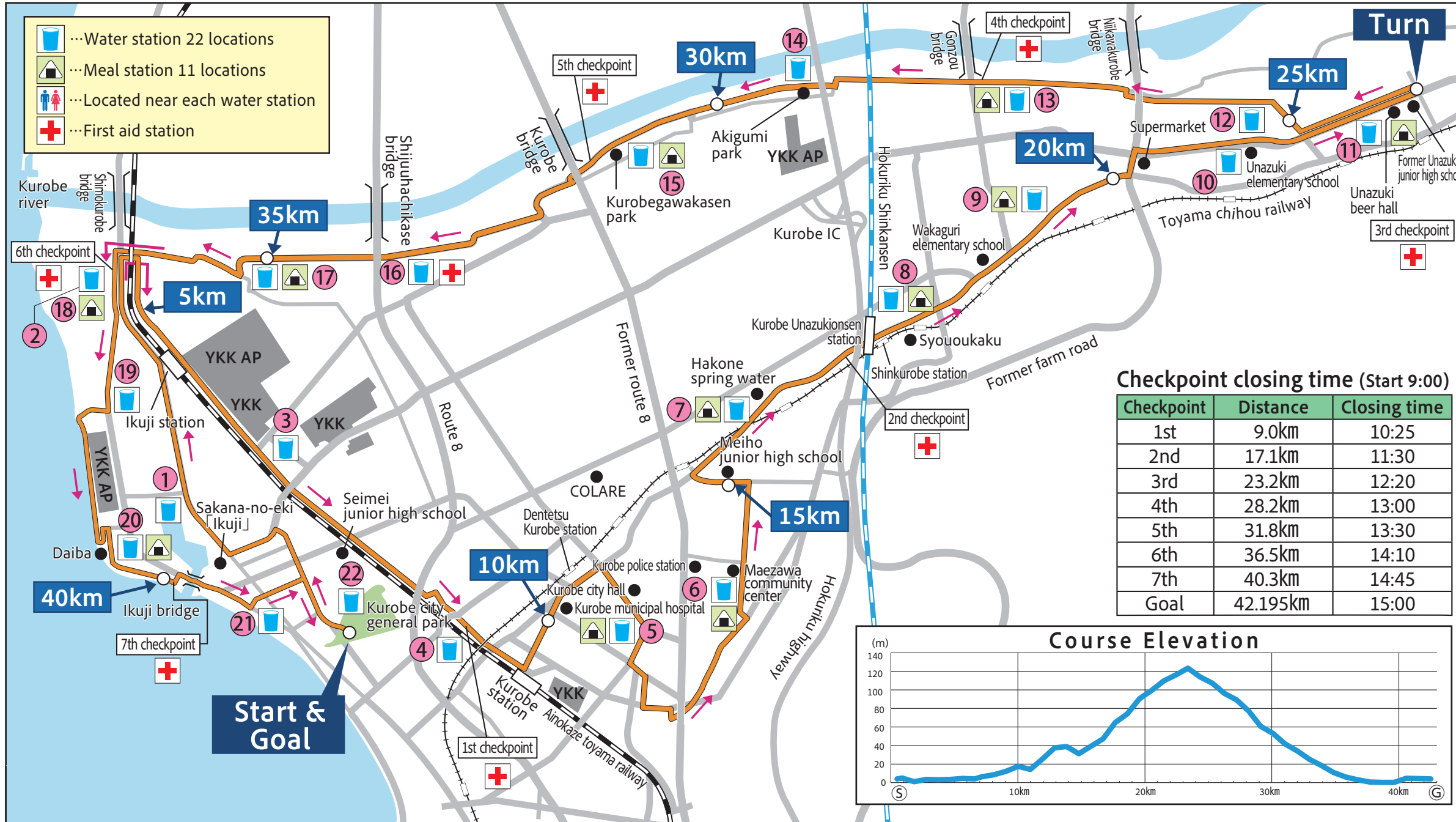
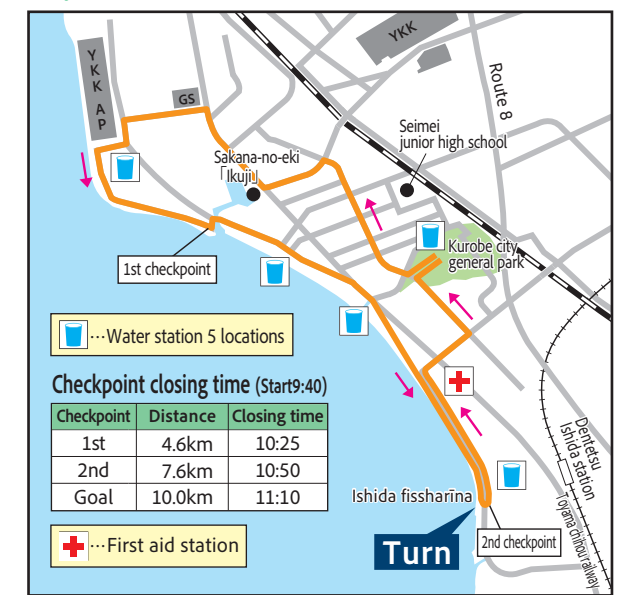


# Kurobe Meisui Marathon Course (Officially recognized by JAAF 42.195km)



## 10km Course



### Checkpoint closing time (Start 9:00)

Checkpoint	Distance	Closing time
1st	9.0km	10:25
2nd	17.1km	11:30
3rd	23.2km	12:20
4th	28.2km	13:00
5th	31.8km	13:30
6th	36.5km	14:10
7th	40.3km	14:45
Goal	42.195km	15:00

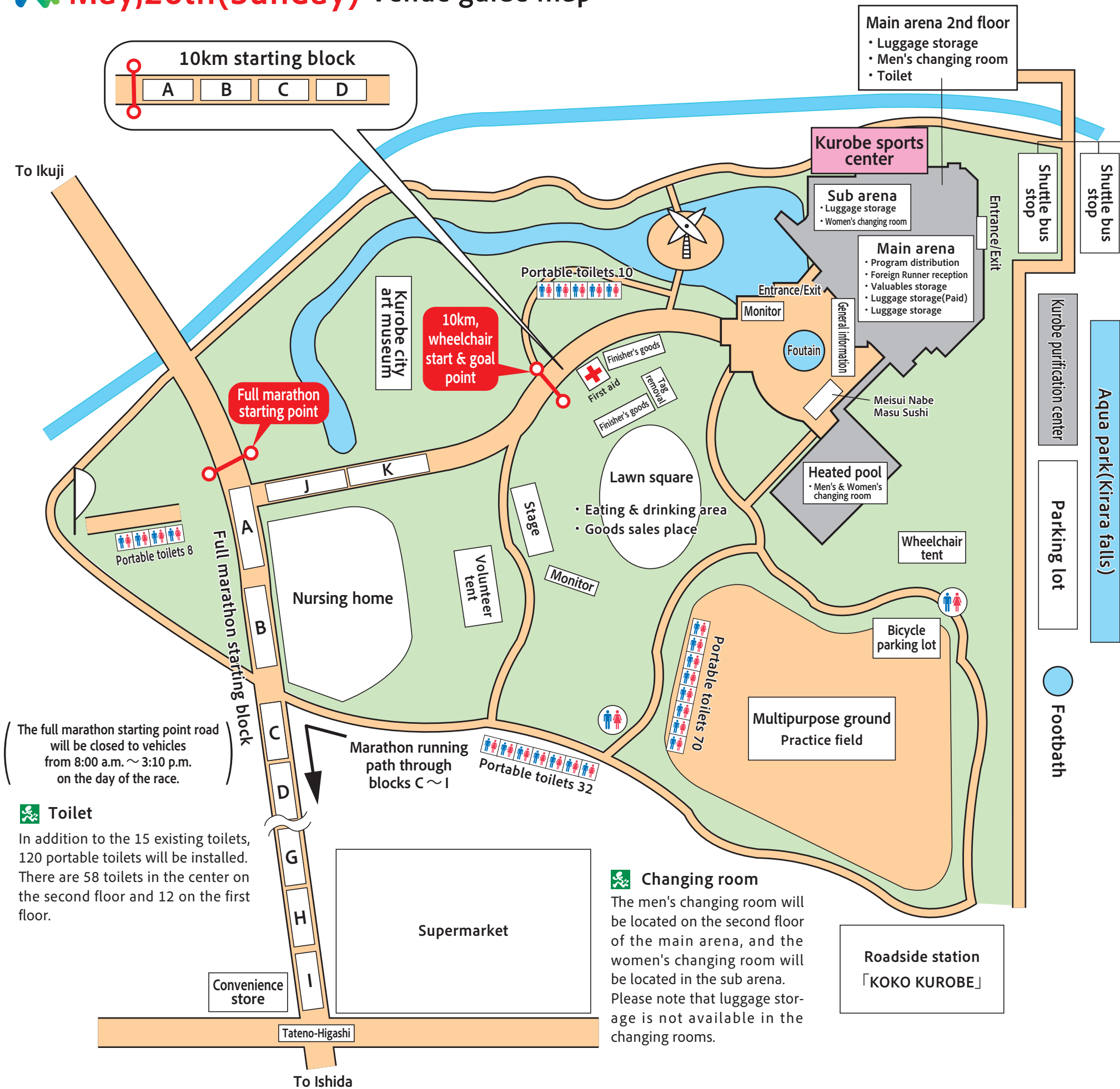
**Aid stations** Kurobe water is available at all locations. Make sure to drink water frequently.

No.	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩	⑪	⑫	⑬	⑭	⑮	⑯	⑰	⑱	⑲	⑳	㉑	㉒
Distance (km)	2.3	4.4	6.7	9.2	11.2	14.0	16.1	17.4	19.5	21.1	23.1	25.4	27.7	29.4	31.8	33.6	35.1	36.5	37.7	39.2	40.9	42.2
Content		Drink Roasted green tea	Drink Roasted green tea	Drink Roasted green tea Fruits	Candy Green tea Japanese sweets	Drink Roasted green tea Tomato Fruits	Pickled plum Sweets	Drink Roasted green tea Oshi sushi Fruits	Candy Sweets	Drink Roasted green tea (Sponge) Tomato	Rice ball Green tea	Drink Roasted green tea Cola	Candy Sweets (Shower)	Drink Roasted green tea Tomato	Fruits Drink Roasted green tea Bread Salt	Drink Roasted green tea	Drink Roasted green tea Cola Pickled plum	Ice cream Tomato Fruits Chilled noodles	Drink Roasted green tea Candy	Drink Roasted green tea Sweets	Drink Roasted green tea (Sponge)	Jelly
Toilet	TOILET	TOILET	TOILET	Kurobe station	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET	TOILET

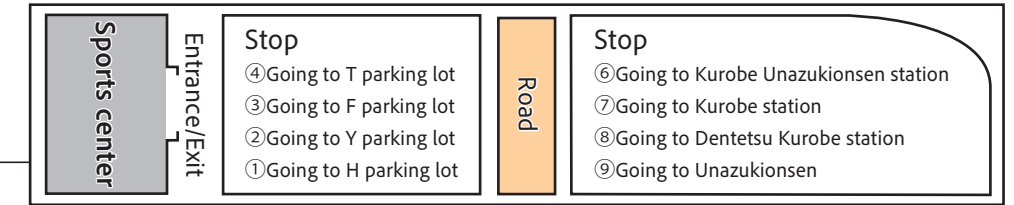
### Introduction of aid station contents

- 「Drink」 Aquarius sports drink
- 「Rice ball」 Rice ball wrapped in shaved kelp using products grown in Kurobe
- 「Ice」 Salted soft ice cream
- 「Pickled plum」 Handmade
- 「Tomato」 Cherry tomato
- 「Bread」 Custard cream, Chocolate, Sweet bean paste bread, etc
- 「Fruits」 Banana, Strawberry, Orange, etc
- 「Candy」 Salted candy, etc
- 「Japanese sweets」 Kurobe's famous sweets
- 「Sweets」 Rice cracker, etc

# May, 26th (Sunday) Venue guide map



## Detailed map of shuttle bus stop



### Valuables storage (It costs 100 yen)

【Reception date & time】 May, 26th(SUN) 6:30 a.m. ~ 3:10 p.m.  
 【Reception location】 Main arena  
 We will only accept valuables that can fit into an A4 size envelope.  
 Athlete bibs must be presented when dropping off or picking up valuables.

### Luggage storage (It costs 500 yen/Only 500 spots available)

【Reception date & time】 May, 26th(SUN) 6:00 a.m. ~ 4:00 p.m.  
 【Reception location】 Main arena  
 We will keep your large luggage such as a locked suitcase.  
 Additionally, a free luggage storage area will be set up inside the main arena.  
 It can store luggage for about 3,500 people.  
 Please manage it yourself.

### Shipping storage (Paid/Sagawa Express Co.,Ltd.)

【Reception date & time】 May, 26th(SUN) 6:00 a.m. ~ 4:00 p.m.  
 【Reception location】 Main arena  
 You can send your luggage home.

### Sign language volunteer

A sign language volunteer is available for general information.

## Other services

### Meisui nabe, Masu sushi

We will give Meisui nabe & Masu sushi to the runners.  
 Vouchers are included in the delivery.  
 Please redeem within the distribution time.  
 Meisui nabe can also be purchased (It costs 200 yen).

### Booths

May 26th(Sun)(9:00 a.m.~3:30 p.m.), many booths will be lined up on the lawn square.

### Sale of hot spring bathing tickets (It costs 500 yen)

【Reception date & time】 May, 26th(SUN) 6:30 a.m. ~ 3:00 p.m.  
 Limited to about 600 tickets ※Ends once sold out  
 【Sales location】 General information  
 Let's soothe your body after a long run in a hot spring.  
 Bathing tickets will be sold at a discounted price at the general information area.  
 This applies to facilities in Unazuki Onsen and neighboring cities. The expiration date varies depending on the facility. Please see the homepage for details.

(The full marathon starting point road will be closed to vehicles from 8:00 a.m. ~ 3:10 p.m. on the day of the race.)

**Toilet**  
 In addition to the 15 existing toilets, 120 portable toilets will be installed. There are 58 toilets in the center on the second floor and 12 on the first floor.

**Changing room**  
 The men's changing room will be located on the second floor of the main arena, and the women's changing room will be located in the sub arena. Please note that luggage storage is not available in the changing rooms.

## Information for those using public transportation

(A free shuttle bus will be operated from the station)

**May 26th(Sun) 6:15 a.m.~4:00 p.m.**

Operates inbetween according to train schedule

### Departure and arrival at venue

Kurobe Unazukionsen station (east exit)⇔Venue (about 20 minutes)

Dentetsu Kurobe station⇔Venue (about 10 minutes)

※About 20 minutes walk from the Dentetsu Kurobe station to the venue

Kurobe station⇔Venue (about 10 minutes)

※About 15 minutes walk from the Kurobe station to the venue

※8:30 a.m.~11:00 a.m. Service at Kurobe station will be suspended due to the competition. Other stations will continue operating every 20 minutes.

### To Unazukionsen

12 o'clock~3:40 p.m. (about 40 minutes. Return from Unazuki Onsen is available until 5:30 pm.)

Kurobe Unazukionsen station

...Hokuriku Shinkansen

Kurobe station

...Ainokaze toyama railway

Dentetsu Kurobe station

...Toyama chihou railway

### To everyone coming from Toyama City/Uozu City direction(Congestion prediction)

The Ainokaze Toyama Railway is expected to be very crowded in the morning.

We recommend using the Hokuriku Shinkansen, Toyama chihou Railway, or arriving early.

## Information for those arriving by car

A parking permit is required to park on the day of the event.

For those who apply in advance, we will send a parking permit with a designated parking lot.

If you have not applied for a parking permit, please contact the office.

Parking lots and pick-up locations around the venue will not be available on May 26th.

Please use the designated parking lot.

Overnight parking is not available.

The parking lot will open at 6:00 a.m. on May 26th.

We expect the venue to be very crowded on the morning of the event.

We recommend arriving early.

Due to limited parking space, we recommend carpooling whenever possible.

If you are arriving by large bus, please contact the office so we can direct you to the designated location.

After getting off at the shuttle bus stop, please move to the designated parking lot.

### 【Designated parking lots (Event temporary parking lots)】

May 26th「T」YKK Corporation Tochizawa Factory(200 Yoshida, Kurobe City)

「F」YKK Corporation Furumidou Factory(200 Yoshida, Kurobe City)

「Y」YKK Corporation Kurobe Factory(200 Yoshida, Kurobe City)

「H」Shinishida Industrial Park,Oka Industrial Park(362 Oka, 77-3 Tenjinshin, Kurobe City)

※Bus service will be suspended from 8:30 a.m. to 11:00 a.m. on May 26th due to the competition.

※Please check the location of YKK Corporation parking lots "T", "F", and "Y" on the map on the back of the enclosed "Parking Permit."

### Shuttle bus stop

For those visiting, there will be temporary pick-up and drop-off stations around the venue.

When returning, please refer to the boarding points listed on page 2.

Please note that the shuttle bus stop differs depending on the designated parking lot.

## Information for those arriving by bicycle

A bicycle parking lot will be set up at the venue.

Please park at the designated location.

Please refrain from riding bicycles inside the venue as it is dangerous.

### (If you find a suspicious person or object)

A temporary police box will be set up at the venue.

In addition, police, security guards, and staff will provide security at the venue.

If you find a suspicious person or object at the venue, please contact a nearby staff member.



### Contact us

#### Carter's Memorial Kurobe Meisui Marathon Executive Committee Office

Inside the Kurobe Sports Center,1142 Horikiri,Kurobe City,938-0041,JAPAN

Tel 0765-57-2300(Main phone number)

<http://www.kurobe-taikyo.jp/road/>

**Kurobe Meisui Marathon promotes smoking cessation.**